

Join us at the Creative Stage

www.drumrunners.org



Interactive Music Workshops

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Join us at the Creative Stage with the Junk drumming workshops to create a Junk band. Learn to play some great rhythms using the drums provided (including bicycle wheel drums). Fun, funky and full of original songs and rhythms to bring communities and teams together. For all heights and ages.

FUN | EDUCATION | FESTIVALS | CARNIVALS | SONG WRITING | RECORDINGS

Junk drumming workshops

“More fun than you can shake at”



About Paul: With more than 25 years experience as a change facilitator and rhythmologist, Paul helps teams and community groups get the mind and body moving in sync, reducing stress, increasing creativity and solidifying relationships. He's a specialist in helping people be fit for business and life.

Paul is an experienced Drum Workshop Facilitator and a legend in his own lunchtime.

[Click for Reviews](#)

Phone: 07932 448627 paul@drumrunners.org

Technical:

Flat 4x4 meter space required

All self contained (with battery operated equipment)

Public Liability Insurance: £10 million

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10/12/2021 (on update service)

